

Veterans Caregiver Family Assistance

Having a service member in distress not only affects the service member themselves, but it also affects friends, loved ones and family members. It's difficult to watch a Service Member navigate physical, or mental issues such as PTSD, addiction, depression, anger etc.

Fortunately, the VA offers some resources to assist the family in coping through these difficult times. Below are phone numbers or web contacts for families or loved ones to contact for direction and guidance.

- Military OneSource
Call (800) 342-9647
- The Steven A. Cohen Military Family Clinic at the University of Pennsylvania
3535 Market Street Philadelphia PA , #670 19104
844-573-3146
- VA Behavioral health center at 215-832-4014 and they can definitely provide more resources
- The Chief of Social work, Lori Breen, can also provide you with some vital resources
Lori.Breen@VA.gov